

# Häagen-Dazs® Caramel Cone 14oz

Globe #: 12196911

## Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (135g)

Average Composition	Per Serving	% DV
Calories	400 kcal	
Total Fat	25 g	32
Saturated Fat	18 g	90
Trans Fat	0.5 g	
Cholesterol	80 mg	27
Sodium	170 mg	7
Total Carbohydrate	38 g	13
Dietary Fiber	0 g	0
Total Sugars	32 g	
Includes Added Sugars	26 g	52
Protein	5 g	
Vitamin D	0.6 mcg	2
Calcium	150 mg	10
Iron	0.2 mg	0
Potassium	180 mg	2

CARAMEL ICE CREAM: CREAM, SKIM MILK, SUGAR, EGG YOLKS, SWEETENED CONDENSED MILK (MILK, SUGAR), CORN SYRUP, BUTTER (CREAM, SALT), SALT, PECTIN, NATURAL FLAVOR, BAKING SODA.  
CHOCOLATY COATED CONE PIECES: SUGAR, CONE PIECES (WHEAT FLOUR, SUGAR, SOYBEAN OIL, SOY LECITHIN, SALT), COCONUT OIL, COCOA, COCOA PROCESSED WITH ALKALI, BUTTER OIL, VANILLA EXTRACT. CARAMEL SWIRL: SUGAR, CONDENSED SKIM MILK, CORN SYRUP, WATER, BUTTER (CREAM, SALT), SALT, PECTIN, NATURAL FLAVOR, BAKING SODA.

CONTAINS: MILK, WHEAT, EGG AND SOY INGREDIENTS.

## Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	1040 kcal	
Total Fat	66 g	85
Saturated Fat	47 g	235
Trans Fat	1.5 g	
Cholesterol	210 mg	70
Sodium	440 mg	19
Total Carbohydrate	98 g	35
Dietary Fiber	1 g	3
Total Sugars	83 g	
Includes Added Sugars	69 g	138
Protein	14 g	
Vitamin D	1.7 mcg	8
Calcium	390 mg	30
Iron	0.7 mg	2
Potassium	480 mg	10

CARAMEL ICE CREAM: CREAM, SKIM MILK, SUGAR, EGG YOLKS, SWEETENED CONDENSED MILK (MILK, SUGAR), CORN SYRUP, BUTTER (CREAM, SALT), SALT, PECTIN, NATURAL FLAVOR, BAKING SODA.

CHOCOLATY COATED CONE PIECES: SUGAR, CONE PIECES (WHEAT FLOUR, SUGAR, SOYBEAN OIL, SOY LECITHIN, SALT), COCONUT OIL, COCOA, COCOA PROCESSED WITH ALKALI, BUTTER OIL, VANILLA EXTRACT. CARAMEL SWIRL: SUGAR, CONDENSED SKIM MILK, CORN SYRUP, WATER, BUTTER (CREAM, SALT), SALT, PECTIN, NATURAL FLAVOR, BAKING SODA.

CONTAINS: MILK, WHEAT, EGG AND SOY INGREDIENTS.