

Häagen-Dazs® Mango Sorbet 14oz

Globe #: 12197516

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (151g)

Average Composition	Per Serving	% DV
Calories	200 kcal	
Total Fat	0 g	0
Saturated Fat	0 g	0
Trans Fat	0 g	
Cholesterol	0 mg	0
Sodium	5 mg	0
Total Carbohydrate	50 g	18
Dietary Fiber	2 g	7
Total Sugars	44 g	
Includes Added Sugars	40 g	80
Protein	0 g	
Vitamin D	0 mcg	0
Calcium	10 mg	0
Iron	1.0 mg	4
Potassium	130 mg	2

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

WATER, SUGAR, MANGO PUREE, LEMON JUICE CONCENTRATE, PUMPKIN JUICE CONCENTRATE (FOR COLOR), CARROT JUICE CONCENTRATE (FOR COLOR), NATURAL FLAVOR, PECTIN.

Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	530 kcal	
Total Fat	0 g	0
Saturated Fat	0 g	0
Trans Fat	0 g	
Cholesterol	0 mg	0
Sodium	15 mg	0
Total Carbohydrate	132 g	48
Dietary Fiber	4 g	14
Total Sugars	115 g	
Includes Added Sugars	105 g	210
Protein	0 g	0
Vitamin D	0 mcg	0
Calcium	30 mg	2
Iron	2.8 mg	15
Potassium	340 mg	6

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