

Häagen-Dazs® Pineapple Coconut Ice Cream 14oz

Globe #: 12197096

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (124g)

Average Composition	Per Serving	% DV
Calories	290 kcal	
Total Fat	16 g	21
Saturated Fat	10 g	50
Trans Fat	0.5 g	
Cholesterol	75 mg	25
Sodium	55 mg	2
Total Carbohydrate	32 g	11
Dietary Fiber	0 g	0
Total Sugars	31 g	
Includes Added Sugars	24 g	48
Protein	4 g	
Vitamin D	0.6 mcg	2
Calcium	120 mg	8
Iron	0.1 mg	0
Potassium	170 mg	2

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, CANE SUGAR, PINEAPPLE, EGG YOLKS, NATURAL FLAVOR (CONTAINS COCONUT), RUM, SALT.

CONTAINS: MILK, EGG AND COCONUT INGREDIENTS.

Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	760 kcal	
Total Fat	43 g	55
Saturated Fat	27 g	135
Trans Fat	1.5 g	
Cholesterol	200 mg	67
Sodium	140 mg	6
Total Carbohydrate	83 g	30
Dietary Fiber	< 1 g	3
Total Sugars	81 g	
Includes Added Sugars	64 g	128
Protein	11 g	
Vitamin D	1.6 mcg	8
Calcium	330 mg	25
Iron	0.4 mg	2
Potassium	450 mg	8

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CONTAINS: MILK, EGG AND COCONUT INGREDIENTS.