

Häagen-Dazs® Pistachio Ice Cream 14oz

Globe #: 12197097

Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (131g)

Average Composition	Per Serving	% DV
Calories	340 kcal	
Total Fat	23 g	29
Saturated Fat	13 g	65
Trans Fat	0.5 g	
Cholesterol	90 mg	30
Sodium	100 mg	4
Total Carbohydrate	27 g	9
Dietary Fiber	< 1 g	3
Total Sugars	23 g	
Includes Added Sugars	19 g	38
Protein	7 g	
Vitamin D	0.7 mcg	2
Calcium	150 mg	10
Iron	0.5 mg	2
Potassium	180 mg	2

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, SUGAR, PISTACHIOS, LACTOSE REDUCED SKIM MILK, CORN SYRUP, EGG YOLKS, SALT, SAFFLOWER OIL.

CONTAINS: MILK, PISTACHIO AND EGG INGREDIENTS.

Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	900 kcal	
Total Fat	60 g	77
Saturated Fat	34 g	170
Trans Fat	2 g	
Cholesterol	240 mg	80
Sodium	270 mg	12
Total Carbohydrate	72 g	26
Dietary Fiber	2 g	7
Total Sugars	60 g	
Includes Added Sugars	49 g	98
Protein	17 g	
Vitamin D	1.9 mcg	8
Calcium	400 mg	30
Iron	1.3 mg	6
Potassium	480 mg	10

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