

# Häagen-Dazs® Chocolate Chip Cookie Dough Ice Cream 14oz

Globe #: 12196922

## Nutrition Facts

About 2.5 Servings per container

Serving size: 2/3 cup (133g)

Average Composition	Per Serving	% DV
Calories	370 kcal	
Total Fat	22 g	28
Saturated Fat	15 g	75
Trans Fat	0.5 g	
Cholesterol	85 mg	28
Sodium	130 mg	6
Total Carbohydrate	39 g	14
Dietary Fiber	< 1 g	2
Total Sugars	31 g	
Includes Added Sugars	26 g	52
Protein	5 g	
Vitamin D	0.6 mcg	2
Calcium	130 mg	10
Iron	1 mg	4
Potassium	150 mg	2

## Nutrition Facts

Per Container

Average Composition	Per Serving	% DV
Calories	990 kcal	
Total Fat	59 g	76
Saturated Fat	39 g	195
Trans Fat	2 g	
Cholesterol	225 mg	75
Sodium	350 mg	15
Total Carbohydrate	102 g	37
Dietary Fiber	2 g	7
Total Sugars	82 g	
Includes Added Sugars	69 g	138
Protein	13 g	
Vitamin D	1.6 mcg	8
Calcium	350 mg	25
Iron	2.6 mg	10
Potassium	410 mg	8

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

CREAM, SKIM MILK, SUGAR, WHEAT FLOUR, BROWN SUGAR (MOLASSES, SUGAR), BUTTER (CREAM, SALT), EGG YOLKS, COCONUT OIL, VANILLA EXTRACT, COCOA PROCESSED WITH ALKALI, CORN OIL, FRUCTOSE, BUTTER OIL, CORN SYRUP, CORN STARCH, SOY LECITHIN, SALT, BAKING SODA, NATURAL FLAVOR, MILK.

CONTAINS: MILK, WHEAT, EGG AND SOY INGREDIENTS.